Microbiology: A Systems Approach,

Drugs, Microbes, Host – The Elements of Chemotherapy

12.1 Principles of Antimicrobial Therapy

- Goal of antimicrobial chemotherapy: administer a drug to an infected person, which destroys the infective agent without harming the host's cells
- Rather difficult to achieve this goal
- Chemotherapeutic agents described with regard to their origin, range of effectiveness, and whether they are naturally produced or chemically synthesized

TABLE 12.1Characteristics of the IdealAntimicrobial Drug

- Selectively toxic to the microbe but nontoxic to host cells
- Microbicidal rather than microbistatic
- Relatively soluble; functions even when highly diluted in body fluids
- Remains potent long enough to act and is not broken down or excreted prematurely
- Doesn't lead to the development of antimicrobial resistance
- Complements or assists the activities of the host's defenses
- Remains active in tissues and body fluids
- Readily delivered to the site of infection
- Reasonably priced
- Does not disrupt the host's health by causing allergies or predisposing the host to other infections

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TABLE 12.2 Terminology of Chemotherapy				
Chemotherapeutic Drug	Any chemical used in the treatment, relief, or prophylaxis of a disease			
Prophylaxis	Use of a drug to prevent imminent infection of a person at risk			
Antimicrobial Chemotherapy	The use of chemotherapeutic drugs to control infection			
Antimicrobials	All-inclusive term for any antimicrobial drug, regardless of its origin			
Antibiotics	Substances produced by the natural metabolic processes of some microorganisms that can inhibit or destroy other microorganisms			
Semisynthetic Drugs	Drugs that are chemically modified in the laboratory after being isolated from natural sources			
Synthetic Drugs	The use of chemical reactions to synthesize antimicrobial compounds in the laboratory			
Narrow Spectrum (Limited Spectrum)	Antimicrobials effective against a limited array of microbial types— for example, a drug effective mainly on gram-positive bacteria			
Broad Spectrum (Extended Spectrum)	Antimicrobials effective against a wide variety of microbial types— for example, a drug effective against both gram-positive and gram-negative bacteria			

The Origins of Antimicrobial Drugs

- Antibioitics are common metabolic products of aerobic bacteria and fungi
 - Bacteria: Streptomyces and Bacillus
 - Molds: Penicillium and Cephalosporium
- Chemists have created new drugs by altering the structure of naturally occurring antibiotics
- Also Searching for metabolic compounds with antimicrobial effects in species other than bacteria and fungi

12.2 Interactions Between Drug and Microbe

- Goal of antimicrobial drugs
 - Disrupt the cell processes or structures of bacteria, fungi, and protozoa
 - Or inhibit virus replication
- Most interfere with the function of enzymes required to synthesize or assemble macromolecules or destroy structures already formed in the cell
- Drugs should be selectively toxic- they kill or inhibit microbial cells without damaging host tissues

Mechanisms of Drug Action

- Inhibition of cell wall synthesis
- Inhibition of nucleic acid structure and function
- Inhibition of protein synthesis
- Interference with cell membrane structure or function
- Inhibition of folic acid synthesis

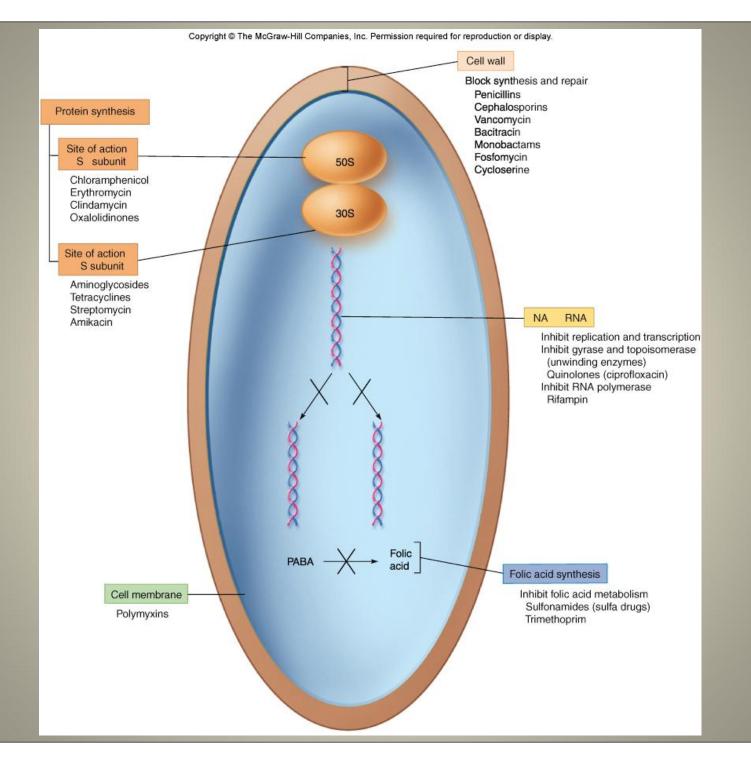
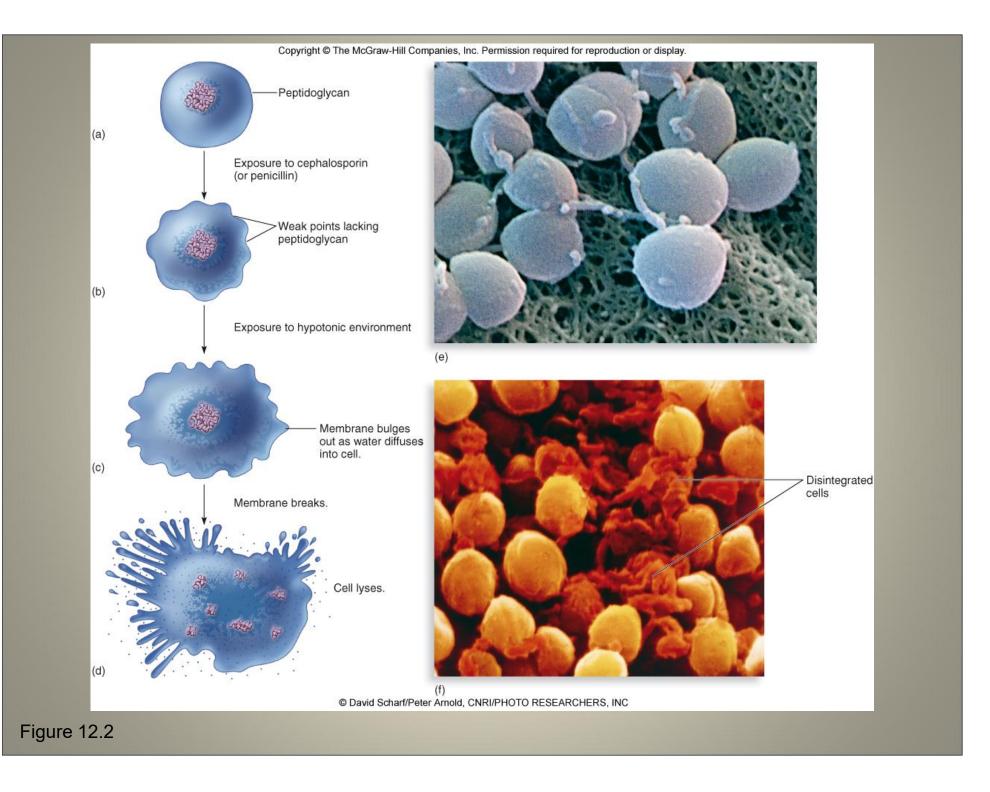
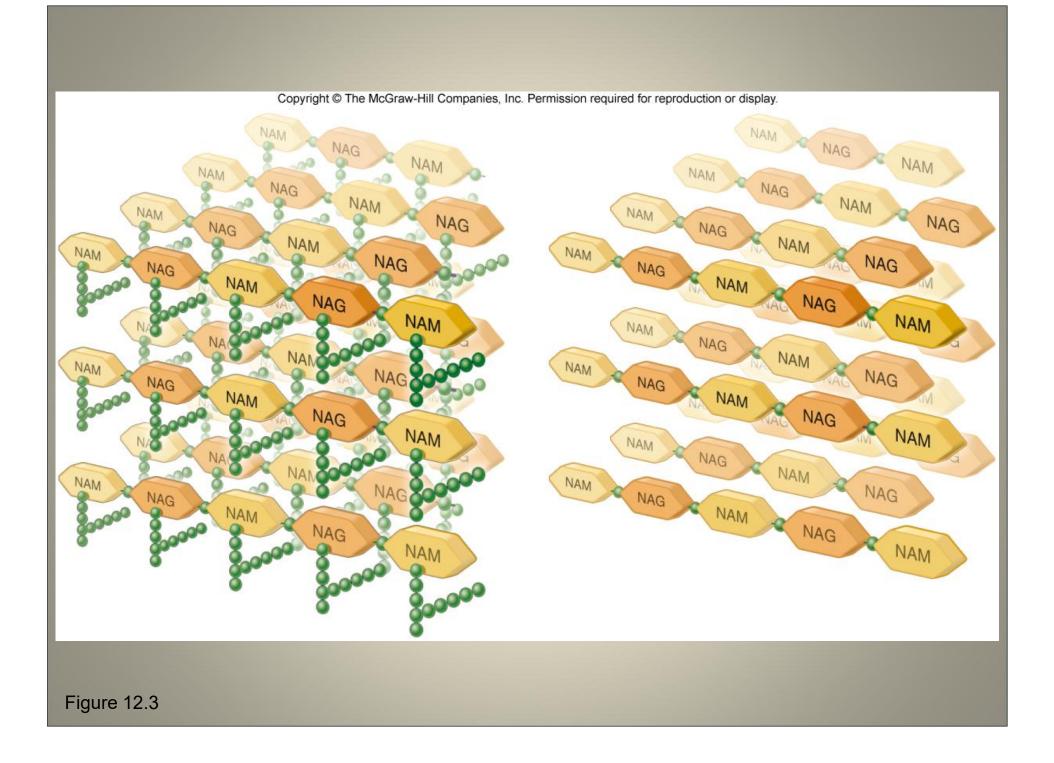


Figure 12.1

Antimicrobial Drugs that Affect the Bacterial Cell Wall

- Active cells must constantly synthesize new peptidoglycan and transport it to the proper place in the cell envelope
- Penicillins and cephalosporins react with one or more of the enzymes required to complete this process
- Bactericidal antibiotics



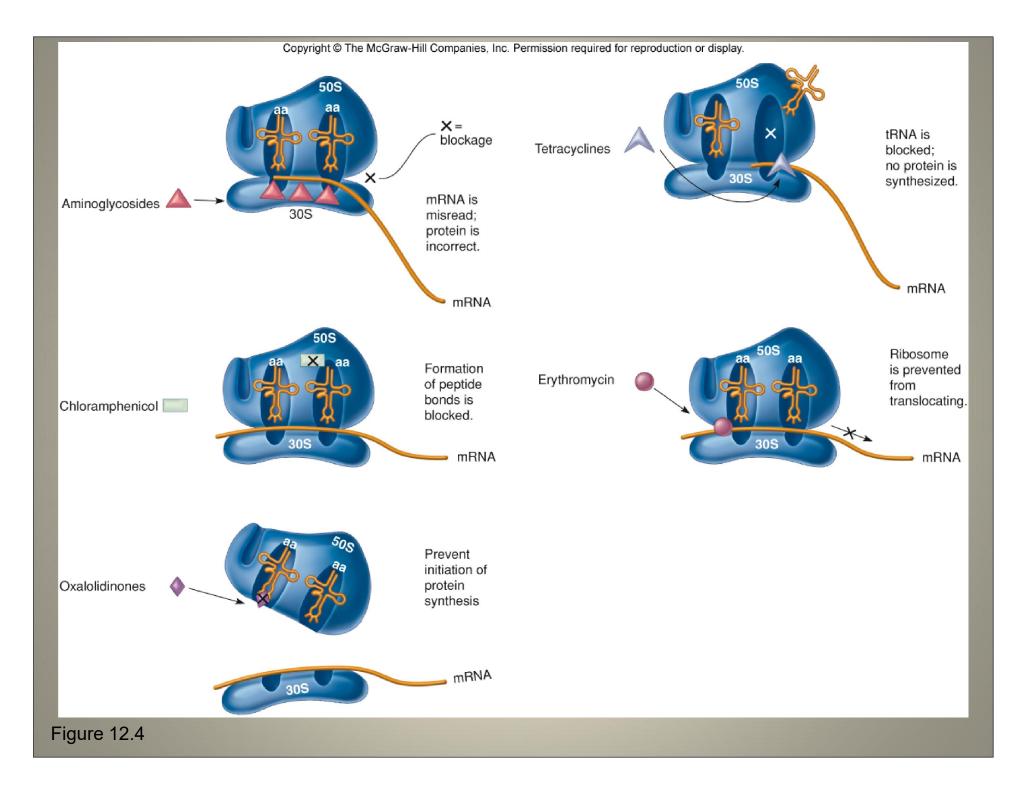


Antimicrobial Drugs that Affect Nucleic Acid Synthesis

- Block synthesis of nucleotides
- Inhibit replication
- Stop transcription
- Inhibit DNA synthesis

Antimicrobial Drugs that Block Protein Synthesis

- Inhibit translation by reacting with the ribosome-mRNA complex
- Prokaryotic ribosomes are different from eukaryotic ribosomes- selective

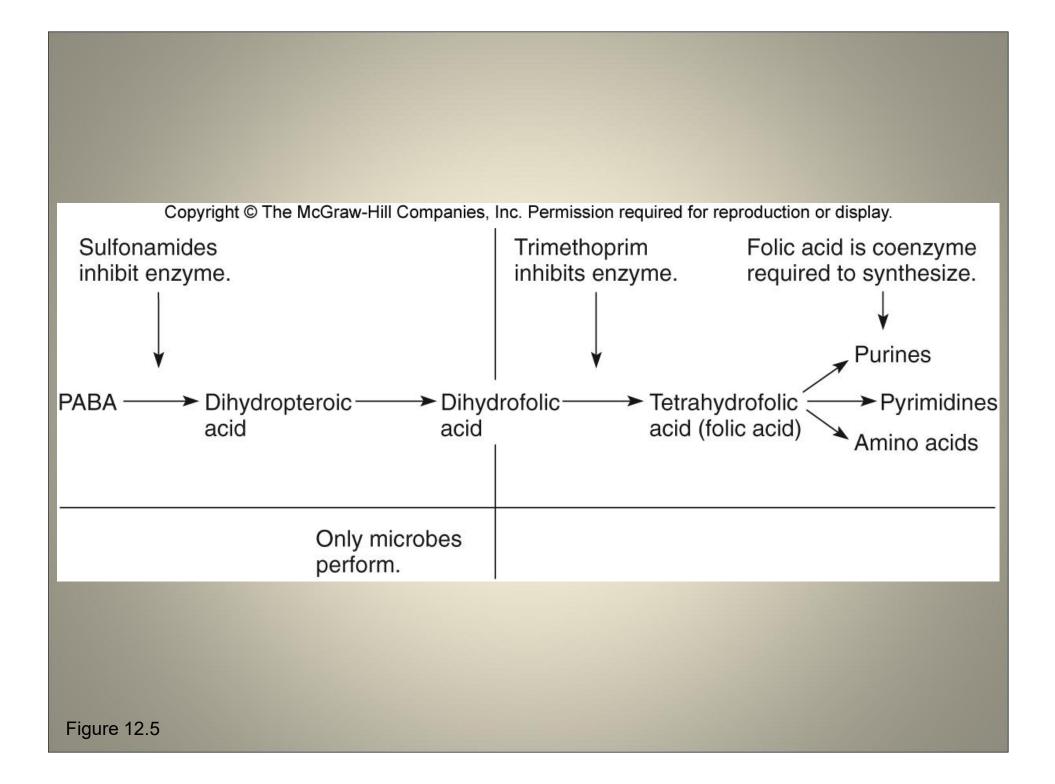


Antimicrobial Drugs that Disrupt Cell Membrane Function

- Damaged membrane invariably results in death from disruption in metabolism or lysis
- Specificity for particular microbial groups based on differences in the types of lipids in their cell membranes

Antimicrobial Drugs that Inhibit Folic Acid Synthesis

- Sulfonamides and trimethoprim- competitive inhibition
- Supplied to cells in high concentrations to make sure enzyme is constantly occupied with the metabolic analog rather than the true substrate



12.3 Survey of Major Antimicrobial Drug Groups

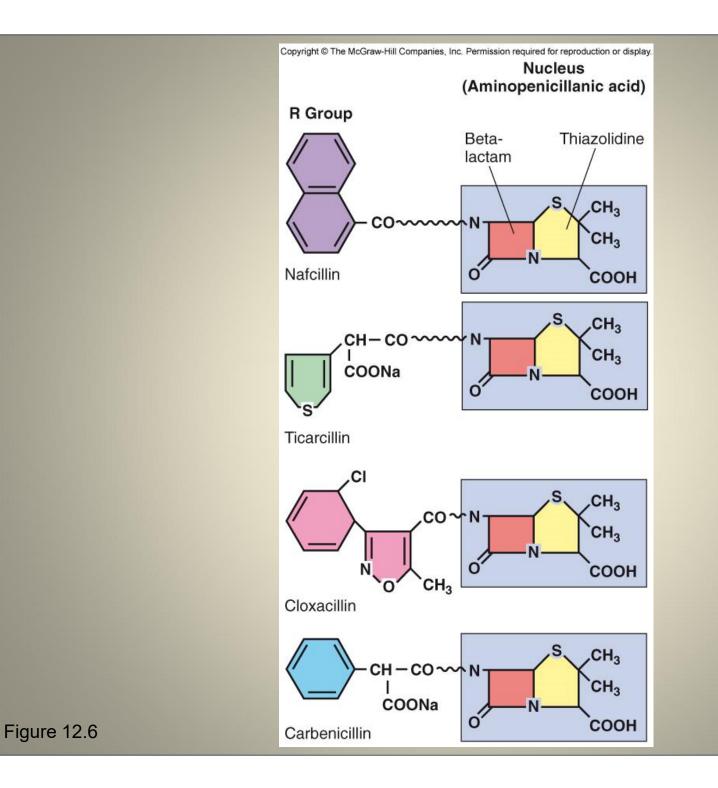
- About 260 different antimicrobial drugs
- Classified in 20 drug families
- Largest number of antimicrobial drugs are for bacterial infections

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TABLE 12.3 Selected Survey of Chemotherapeutic Agents in Infectious Diseases				
Infectious Agent 1	ypical Infection	Drugs of Choice*		
Bacteria Gram-positive cocci Staphylococcus aureus Streptococcus pyogenes	Abscess, skin infections, toxic shock Strep throat, erysipelas, rheumatic fever	Penicillins, vancomycin, cephalosporin Penicillin, cephalosporin, erythromycin		
Gram-positive rods Bacillus	Anthrax	Ciprofloxacin, doxycycline		
Acid-fast rods Mycobacterium tuberculosis	Tuberculosis	(Isoniazid, rifampin, pyrazinamide),* ethambutol streptomycin		
Gram-negative cocci Neisseria gonorrhoeae Neisseria meningitidis	Gonorrhea Meningitis	Ceftriaxone, ciprofloxacin Penicillin G, cefotaxime		
Gram-negative rods Escherichia coli Haemophilus influenzae Pseudomonas Vibrio cholerae	Sepsis, diarrhea, urinary tract infection Meningitis Opportunistic lung and burn infections Cholera	Cephalosporin Cefotaxime, cephtriaxone Ticarcillin, aminoglycoside Tetracyclines, sulfamethoxazole-trimethoprim		
Spirochetes Borrelia Treponema pallidum	Lyme disease Syphilis	Doxycycline, amoxicillin Penicillin, tetracyclines		
Rickettsia	Rocky Mountain spotted fever	Doxycycline		
Chlamydia	Urethritis, vaginitis	Azithromycin, doxycycline		
Fungi Systemic mycoses Aspergillus Candida albicans Cryptococcus neoformans Pneumocystis (carinii) jiroveci	Aspergillosis Candidiasis Cryptococcosis Pneumonia (PCP)	Amphotericin B, azoles, flucytosine Itraconazole, fluconazole Amphotericin B, fluconazole Sulfamethoxazole-trimethoprim		
Protozoa Giardia lamblia Plasmodium Toxoplasma gondii Trichomonas vaginalis	Giardiasis Malaria Toxoplasmosis Trichomoniasis	Quinacrine, metronidazole Chloroquine, mefloquine Pyrimethamine, sulfadiazine Metronidazole		
Helminths Cestodes Various roundworm infections	Tapeworm	Niclosamide, praziquantel Alebendazole		
Viruses Herpesvirus HIV Orthomyxovirus	Genital herpes, oral herpes, shingles AIDS Type A influenza	Acyclovir, valacyclovir (AZT, protease inhibitors), ddl, ddC, d4T Amantadine, rimantidine		

Antibacterial Drugs Targeting the Cell Wall

- Penicillin group
 - Most end in the suffix -cillin
 - Can obtain natural penicillin through microbial fermentation
 - All consist of three parts: a thiazolidine ring, a beta-lactam ring, and a variable side chain



Subgroups and Uses of Penicillins

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TABLE 12.4 Characteristics of Selected Penicillin Drugs

Name	Spectrum of Action	Uses, Advantages	Disadvantages
Penicillin G	Narrow	Best drug of choice when bacteria are sensitive; low cost; low toxicity	Can be hydrolyzed by penicillinase; allergies occur; requires injection
Penicillin V	Narrow	Good absorption from intestine; otherwise, similar to penicillin G	Hydrolysis by penicillinase; allergies
Oxacillin, dicloxacillin	Narrow	Not susceptible to penicillinase; good absorption	Allergies; expensive
Methicillin, nafcillin	Narrow	Not usually susceptible to penicillinase	Poor absorption; allergies; growing resistance
Ampicillin	Broad	Works on gram-negative bacilli	Can be hydrolyzed by penicillinase; allergies; only fair absorption
Amoxicillin	Broad	Gram-negative infections; good absorption	Hydrolysis by penicillinase; allergies
Carbenicillin	Broad	Same as ampicillin	Poor absorption; used only parenterally
Azlocillin, mezlocillin ticarcillin	Very broad	Effective against <i>Pseudomonas</i> species; low toxicity compared with aminoglycosides	Allergies, susceptible to many beta-lactamases

The Cephalosporin Group of Drugs

- Newer group
- Currently account for a majority of all antibiotics administered

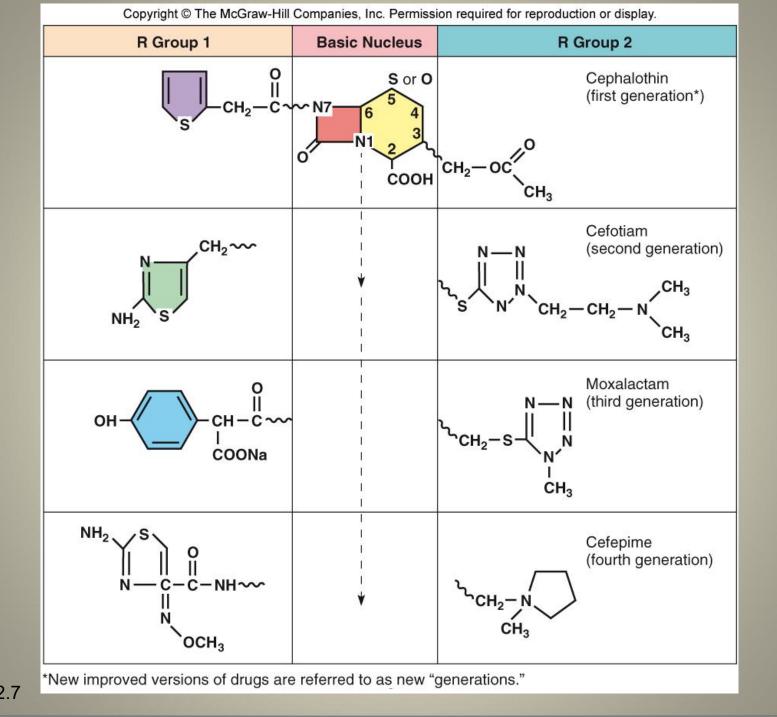


Figure 12.7

Subgroups and Uses of Cephalosporins

- Broad-spectrum
- Resistant to mot penicillinases
- Cause fewer allergic reactions than penicillins
- Four generations of cephalosporins exist based on their antibacterial activity

Other Beta-Lactam Antibiotics

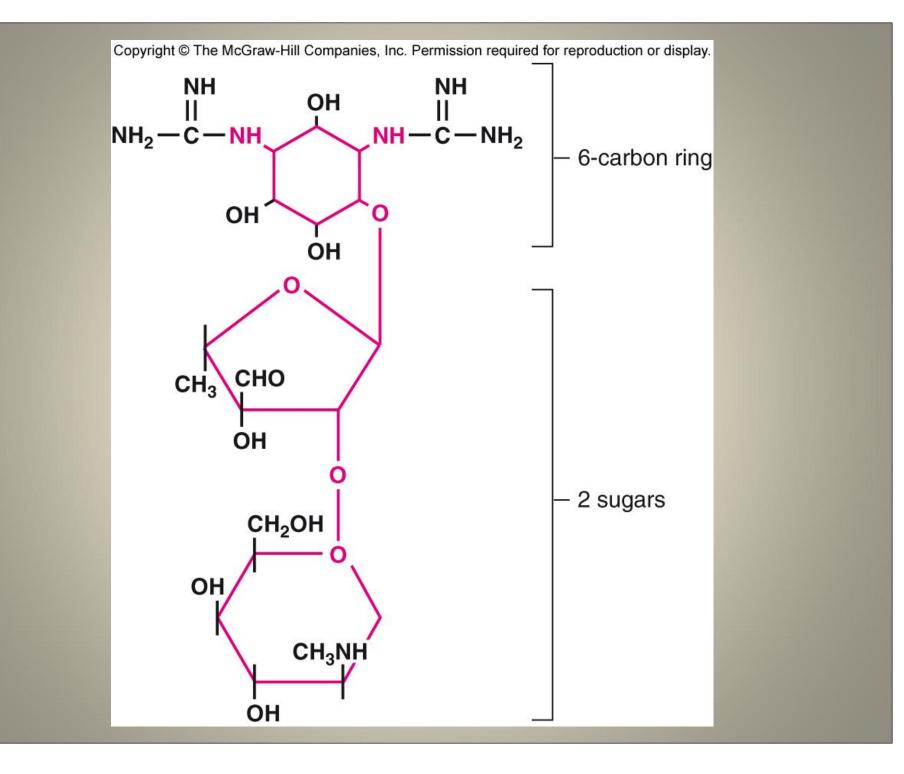
- Imipenem
- Aztreonam

Other Drugs Targeting the Cell Wall

- Bacitracin
- Isoniazid
- Vancomycin
- Fosfomycin trimethamine

Antibacterial Drugs Targeting Protein Synthesis

- Aminoglycoside Drugs
 - Products of various species of soil actinomycetes in the genera *Streptomyces* and *Micromonospora*
 - Relatively broad spectrum because they inhibit protein synthesis
 - Subgroups and uses
 - Aerobic gram-negative rods and certain gram-positive bacteria
 - Streptomycin: Bubonic plague and tularemia and good antituberculosis agent
 - Gentamicin: Less toxic and used for gram-negative rods



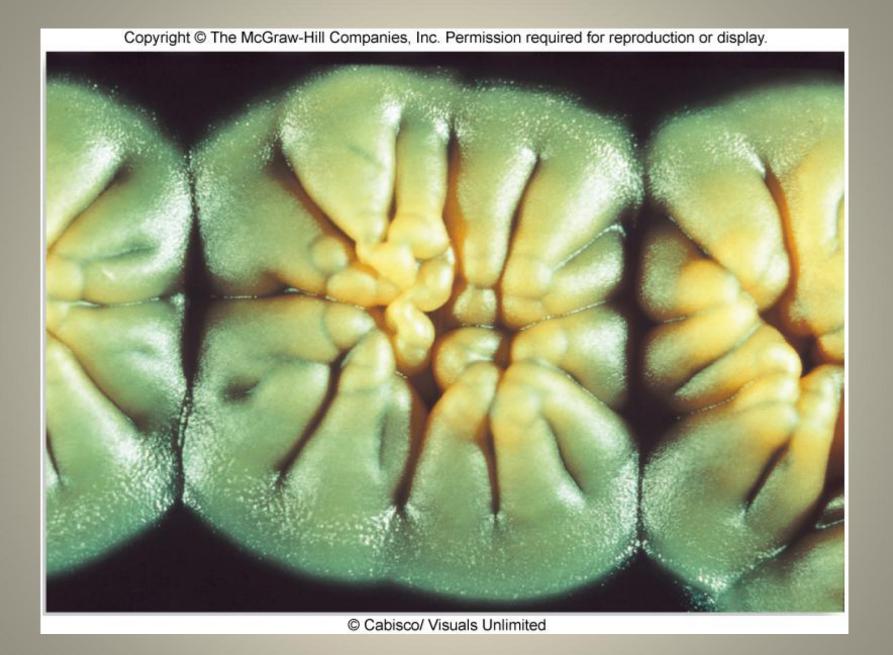


Figure 12.9

Tetracycline Antibiotics

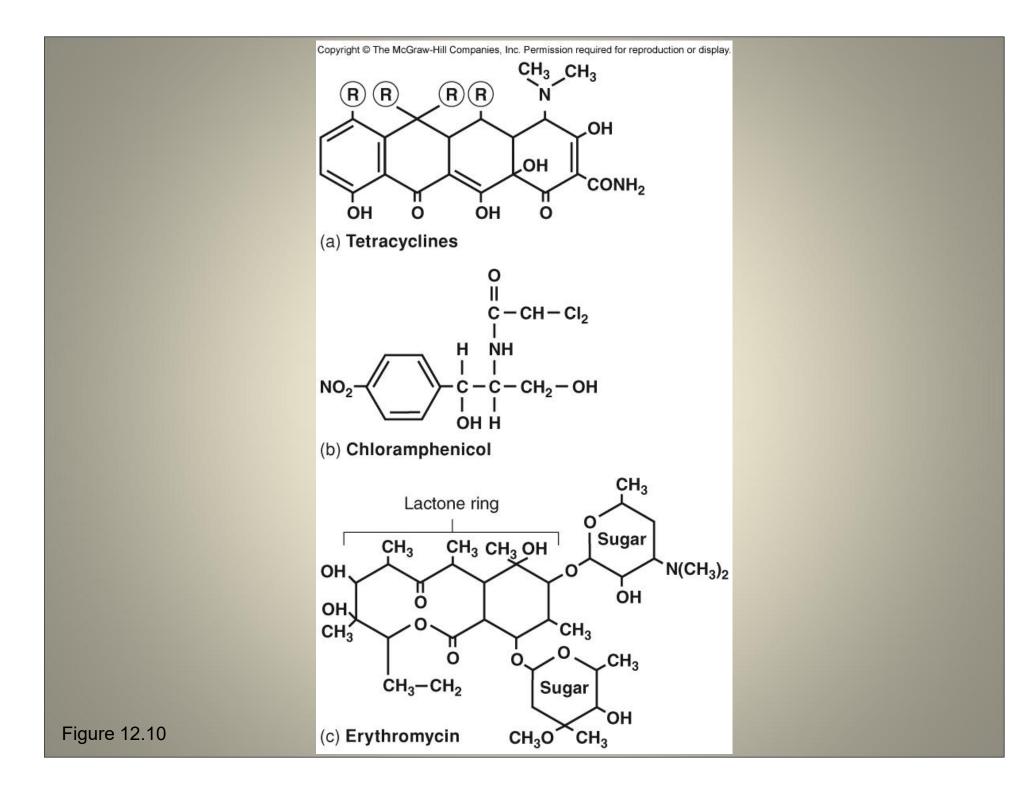
- Bind to ribosomes and block protein synthesis
- Broad-spectrum
- Subgroups and uses
 - Gram positive and gram-negative rods and cocci
 - Aerobic and anerobic bacteria
 - Mycoplasmas, rickettsias, and spirochetes
 - Doxycycline and minocycline for sexually transmitted diseases, Rocky Mountain spotted fever, Lyme disease, typhus, Mycoplasma pneumonia, cholera, leptospirosis, acne, even some protozoan

Chloramphenicol

- Broad-spectrum
- Unique nitrobenzene structure
- Blocks peptide bond formation and protein synthesis
- Entirely synthesized through chemical processes
- Very toxic to human cells so its uses are restricted

Erythromycin and Clindamycin

- Erythromycin
 - Large lactone rinig with sugars attached
 - Relatively broad-spectrum
 - Fairly low toxicity
 - Blocks protein synthesis by attaching to the ribosome
 - Mycoplasma pneumonia, legionellosis, Chlamydia infections, pertussis, diphtheria
- Clindamycin
 - Broad-spectrum
 - Derived from lincomycin
 - Causes adverse reactions in the gastrointestinal tract, so applications are limited

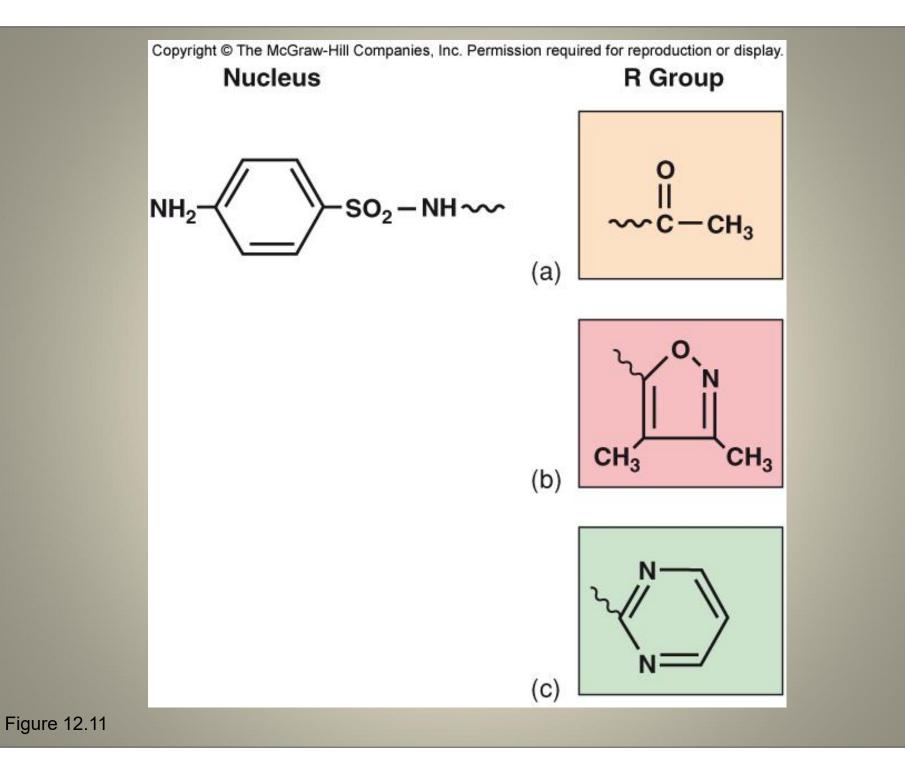


Synercid and Oxazolidones

- Synercid
 - Combined antibiotic from the streptogramin group
 - Effective against Staphylococcus and Enterococus species and against resistant strains of Streptococcus
 - Binds to sites on the 50S ribosome, inhibiting translation
- Oxazolidones
 - Inhibit the initiation of protein synthesis
 - Not found in nature
 - Hoping that drug resistance among bacteria will be slow to develop
 - Used to treat infections caused by two of the most difficult clinical pathogens: methicillin-resistant *Staphylococcus aureus* (MRSA) and vancomycin-resistant *Enterococcus* (VRE)

Antibacterial Drugs Targeting Folic Acid Synthesis

- Sulfonamides, Trimethoprim, and Sulfones
 - Sulfonamides
 - Sulfa drugs
 - Very first modern antimicrobial drug
 - Synthetic
 - Shigellosis, acute urinary tract infections, certain protozoan infections
 - Trimethoprim
 - Inhibits the enzymatic step immediately following the step inhibited by solfonamides in the synthesis of folic acid
 - Often given in combination with sulfamethoxazole
 - One of the primary treatments for *Pneumocystis (carinii) jiroveci* pneumonia (PCP) in AIDS patients
 - Sulfones
 - Chemically related to sulfonamides
 - Lack their broad-spectrum effects
 - Key drugs in treating Hansen's disease (leprosy)



Antibacterial Drugs Targeting DNA or RNA

- Fluoroquinolones
- High potency
- Broad spectrum
- Inhibit a wide variety of gram-positive and gram-negative bacterial species even in minimal concentrations

Norfloxacin and Ciprofloxacin

 Urinary tract infections, STDs, gastrointestinal infections, osteomyelitis, respiratory infections, soft tissue infections

Sparfloxacin and Levofloxacin

- Newer drugs
- Pneumonia, bronchitis sinusitis

Rifampin

- Product of the genus Streptomyces
- Limited in spectrum
- Mainly for infections by several gram-positive rods and cocci and a few gram-negative bacteria
- Mycobacterial infections such as tuberculosis and leprosy
- Usually given in combination with other drugs

Antibacterial Drugs Targeting Cell Membranes

- **Polymyxins**: narrow-spectrum peptide antibiotics
 - From Bacillus polymyxa
 - Limited by their toxicity to the kidney
 - B and E can be used to treat drug-resistant
 Pseudomonas aeruginosa

Daptomycin

- Lipopeptide made by Streptomyces
- Most active against gram-positive bacteria

Agents to Treat Fungal Infections

- Fungal cells are eukaryotic, so present special problems
 - Majority of chemotherapeutic drugs are designed to act on bacteria and are ineffective for fungal infections
 - Similarities between fungal and human cellstoxicity to humans
- Four main groups
 - Macrolide polyene antibiotics, Griseofulvin, Synthetic azoles, Flucystosine

Macrolide Polyene Antibiotics

- Bind to fungal membranes and cause loss of selective permeability
- Specific for fungal membranes because fungal membranes contain ergosterol
- Examples: amphotericin B and nystatin
- Mimics lipids in some cell membranes

Griseofulvin

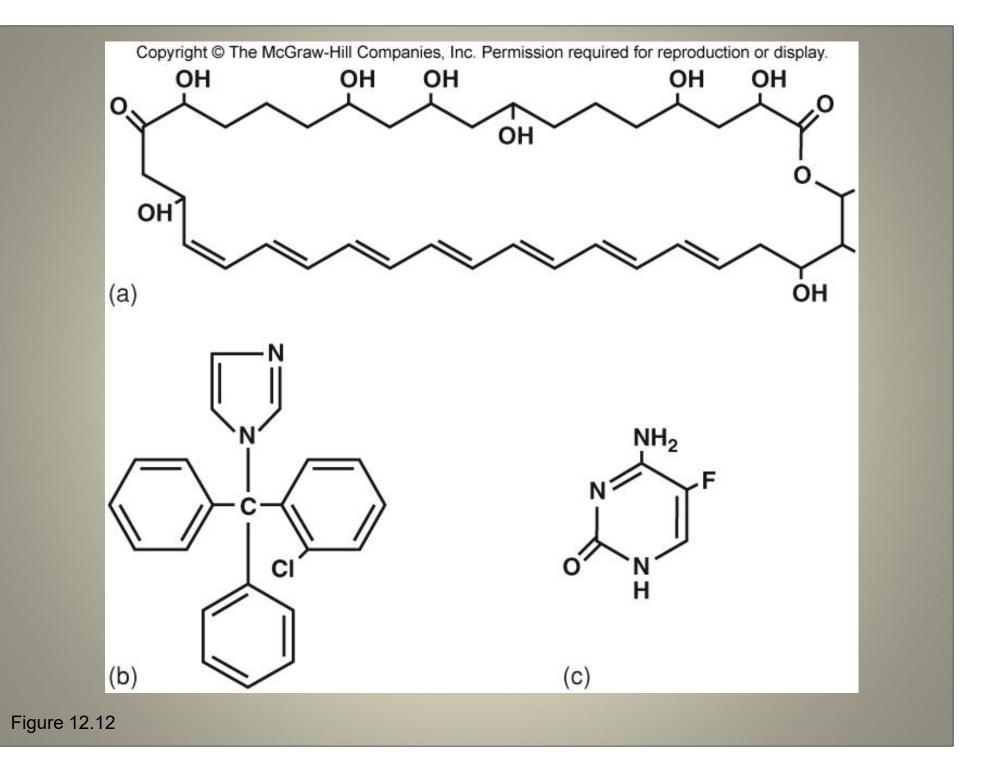
- Especially active in certain dermatophyte infections such as athlete's foot
- Requires several months and is relatively nephrotoxic, so only given for most stubborn cases

Synthetic Azoles

- Broad-spectrum antifungal agents
- Ketoconazole, fluconazole, clotrimazole, and miconazole
- Ketoconazole: orally and topically for cutaneous mycoses, vaginal and oral candidiasis, and some systemic mycoses
- Fluconazole: used in selected patients for AIDSrelated mycoses
- Clotrimazole and miconazole: mainly topical ointments for infections in the skin, mouth, and vagina

Flucystosine

- Analog of the nucleotide cytosine
- Can be used to treat certain cutaneous mycoses
- Usually combined with amphotericin B for systemic mycoses



Antiparasitic Chemotherapy

- Antimalarial Drugs: Quinine and Its Relatives
 - Quinine: extracted from the bark of the cinchona tree
 - Replaced by synthesized quinolines (chloroquine and primaquine) which have less toxicity to humans
- Chemotherapy for Other Protozoan Infections
 - Metronidazole (Flagyl)
 - Amoebicide
 - Treating mild and severe intestinal infections by *Entamoeba histolytica*
 - Orally can also apply to infections by *Giardia lamblia* and *Trichomonas vaginalis*
 - Quinicrine, sulfonamides, tetracyclines

Antihelminthic Drug Therapy

- Flukes, tapeworms, and roundworms have greater similarities to human physiology
- Using drugs to block their reproduction is usually not successful in eradicating adult worms
- Most effective drugs immobilize, disintegrate, or inhibit the metabolism of all stages of the life cycle

Mebendazole and Thiabendazole

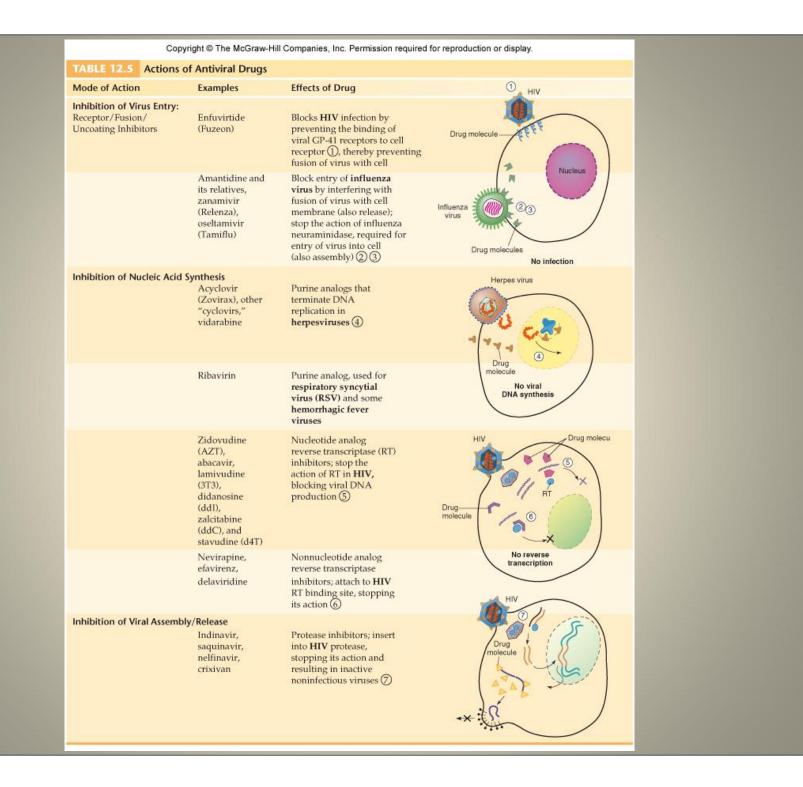
- Broad-spectrum
- Used in several roundworm intestinal infestations
- Inhibit the function of microtubules of worms, eggs, and larvae

Pyrantel and Piperazine; Praziquantel; Ivermectin

- Pyrantel and piperazine
 - Paralyze the muscles of intestinal roundworms
- Praziquantel
 - Tapeworm and fluke infections
- Ivermectin
 - Veterinary drug now used for strongyloidiasis and oncocercosis in humans

Antiviral Chemotherapeutic Agents

- Selective toxicity is almost impossible to achieve because a single metabolic system is responsible for the well-being of both virus and host
- Several antiviral drugs have been developed that target specific points in the infectious cycle of viruses
- Three major modes of action:
 - Barring penetration of the virus into the host cell
 - Blocking the transcription and translation of viral molecules
 - Preventing the maturation of viral particles



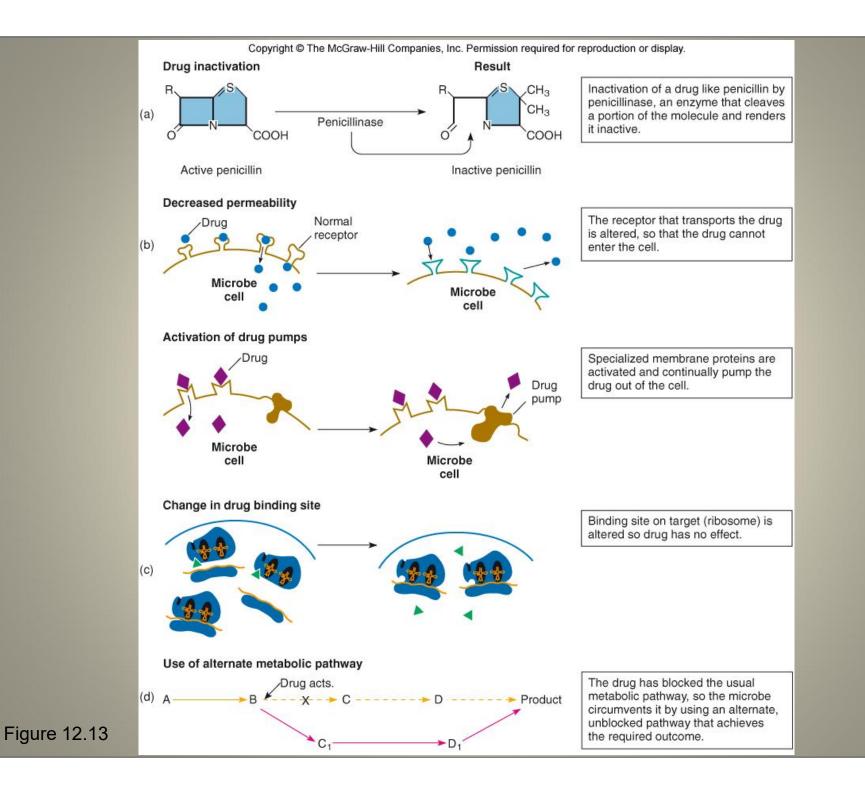
Interferon (IFN): An Alternative to

Artificial Drugs

- Glycoprotein produced by fibroblasts and leukocytes in response to various immune stimuli
- Produced by recombinant DNA technologies
- Known therapeutic benefits:
 - Reducing the time of healing and some of the complications in certain infections
 - Preventing or reducing some symptoms of cold and papillomaviruses
 - Slowing the progress of certain cancers
 - Treating a rare cancer called hairy-cell leukemia, hepatitis C, genital warts, and Kaposi's sarcoma in AIDS patients
- Often results in serious side effects

Interactions Between Microbes and Drugs: The Acquisition of Drug Resistance

- **Drug resistance**: an adaptive response in which microorganisms begin to tolerate an amount of drug that would ordinarily be inhibitory
- Can be intrinsic or acquired
- Microbes become newly resistant to a drug after
 - Spontaneous mutations in critical chromosomal genes
 - Acquisition of entire new genes or sets of genes via transfer from another species (plasmids called resistance (R) factors)
- Specific Mechanisms of Drug Resistance



Natural Selection and Drug Resistance

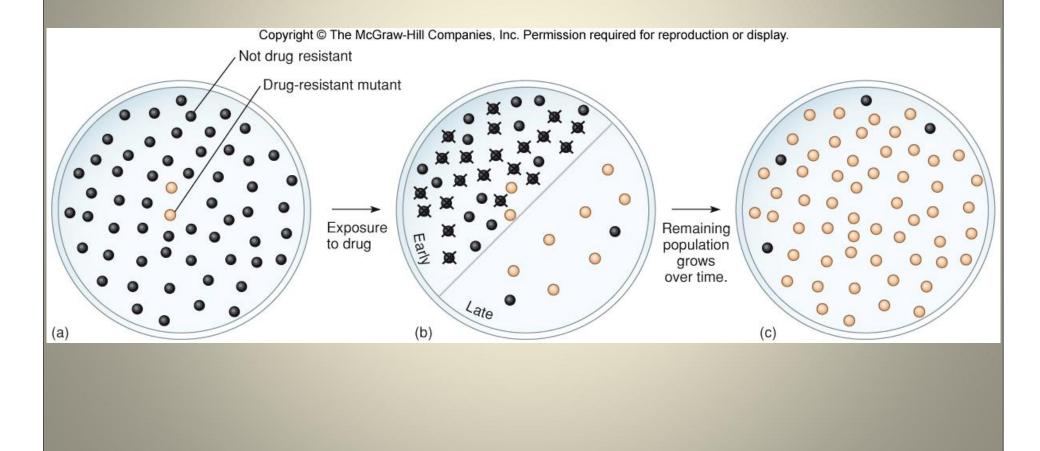


Figure 12.14

New Approaches to Antimicrobial Therapy

- Often researchers try to find new targets in the bacterial cell and custom-design drugs that aim for them
 - Targeting iron-scavenging capabilities of bacteria
 - Targeting a genetic control mechanism in bacteria referred to as riboswitches
- Probiotics and prebiotics
- Lantibiotics

12.4 Interaction Between Drug and

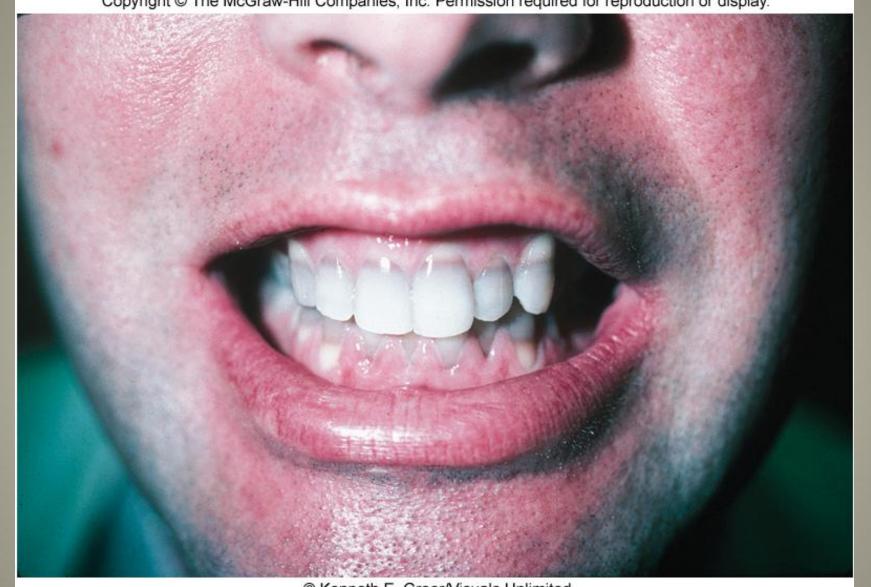
Host

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Antimicrobial Drug	Primary Damage or	
Antibacterials	Abnormality Produced	
Penicillin G	Skin	
Carbenicillin	Abnormal bleeding Diarrhea and enterocolitis	
Ampicillin Cephalosporins	Inhibition of platelet function	
cepnatospornis	Decreased circulation of	
	white blood cells Nephritis	
Tetracyclines	Diarrhea and enterocolitis	
renacyclines	Discoloration of tooth enamel	
	Reactions to sunlight	
	(photosensitization)	
Chloramphenicol	Injury to red and white	
A	blood cell precursors	
Aminoglycosides (streptomycin,	Diarrhea and enterocolitis; malabsorption; loss of	
gentamicin,	hearing, dizziness,	
amikacin)	kidney damage	
Isoniazid	Hepatitis	
	Seizures	
	Dermatitis	
Sulfonamides	Formation of crystals in	
	kidney; blockage of urine flow Hemolysis	
	Reduction in number of red	
	blood cells	
Polymyxin	Kidney damage	
	Weakened muscular responses	
Quinolones (ciprofloxacin,	Headache, dizziness,	
norfloxacin)	tremors, GI distress	
Rifampin	Damage to hepatic cells Dermatitis	
Antifungals		
Amphotericin B Flucytosine	Disruption of kidney function Decreased number of	
Flucytosine	white blood cells	
Antiprotozoan drugs		
Metronidazole	Nausea, vomiting	
Chloroquine	Vomiting Headache	
	Itching	
Antihelminthics		
Niclosamide	Nausea, abdominal pain	
Pyrantel	Irritation	
	Headache, dizziness	
Antivirals		
Acyclovir	Seizures, confusion	
	Rash	
Amantadine	Nervousness, light-headedness Nausea	
AZT	Nausea Immunosuppression, anemia	

Toxicity to Organs

 Liver, kidneys, gastrointestinal tract, cardiovascular system and blood-forming tissue, nervous system, respiratory tract, skin, bones, and teeth



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Figure 12.15

Allergic Responses to Drugs

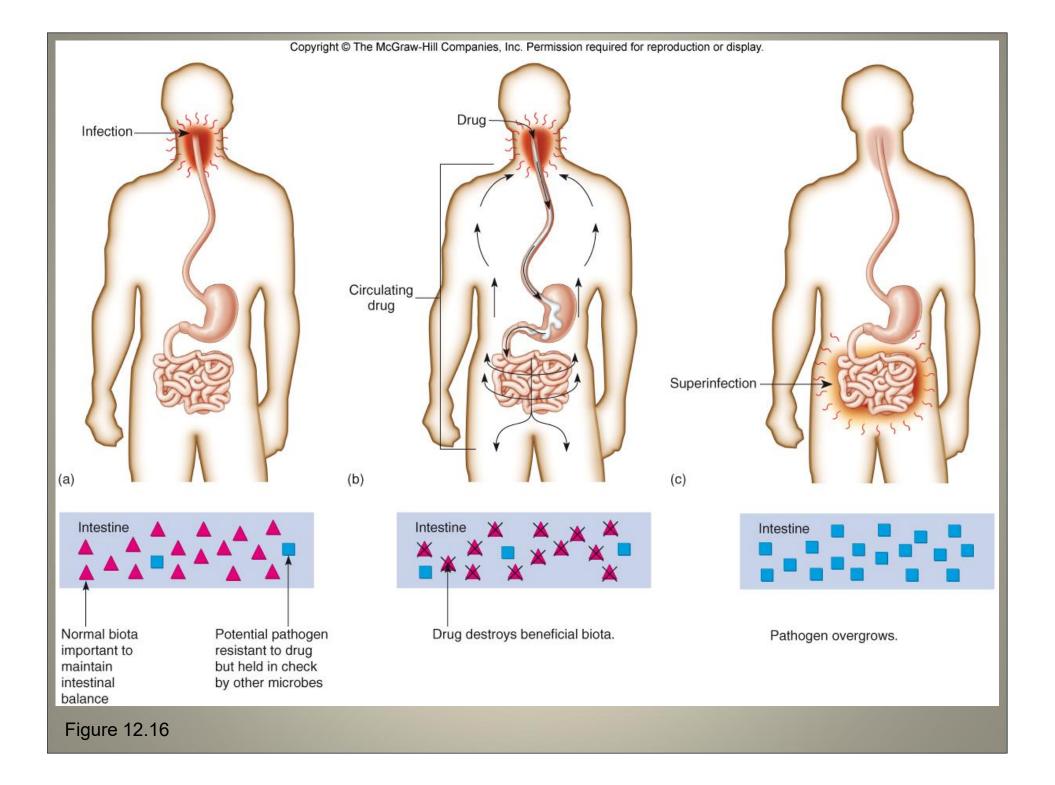
- Allergy: heightened sensitivity
- The drug acts as an antigen and stimulates an allergic response
- Reactions such as skin rash, respiratory inflammation, and rarely anaphylaxis

Suppression and Alteration of the Microbiota by Antimicrobials

- Biota: normal colonists or residents of healthy body surfaces
 - Usually harmless or beneficial bacteria
 - Small number can be pathogens
- If a broad-spectrum antimicrobial is used, it will destroy both infectious agents but also some beneficial species

Superinfection

- When beneficial species are destroyed, microbes that were once kept in small numbers can begin to overgrow and cause disease- a superinfection
 - Using a broad-spectrum cephalosporin for a urinary tract infection; destroys lactobacilli in the vagina; without the lactobacilli *Candida albicans* can proliferate and cause a yeast infection
 - Oral therapy with tetracyclines, clindamycin, and broad-spectrum penicillins and cephalosporins is associated with antibiotic-associated colitis



12.5 Considerations in Selecting an Antimicrobial Drug

- Three factors must be known
 - The nature of the microorganism causing the infection
 - The degree of the microorganism's susceptibility to various drugs
 - The overall medical condition of the patient
- Identifying the Agent
 - Direct examination of body fluids, sputum, or stool is a rapid initial method
 - The choice of drug will be based on experience with drugs that are known to be effective against the microbe: the "informed best guess"
- Testing for the Drug Susceptibility of Microorganisms

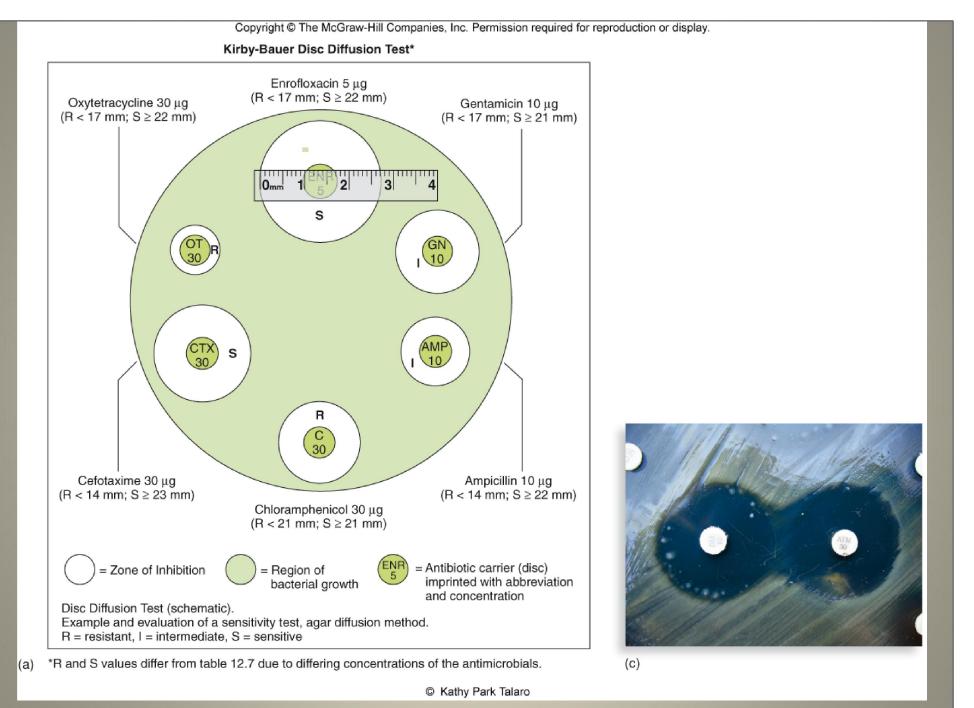
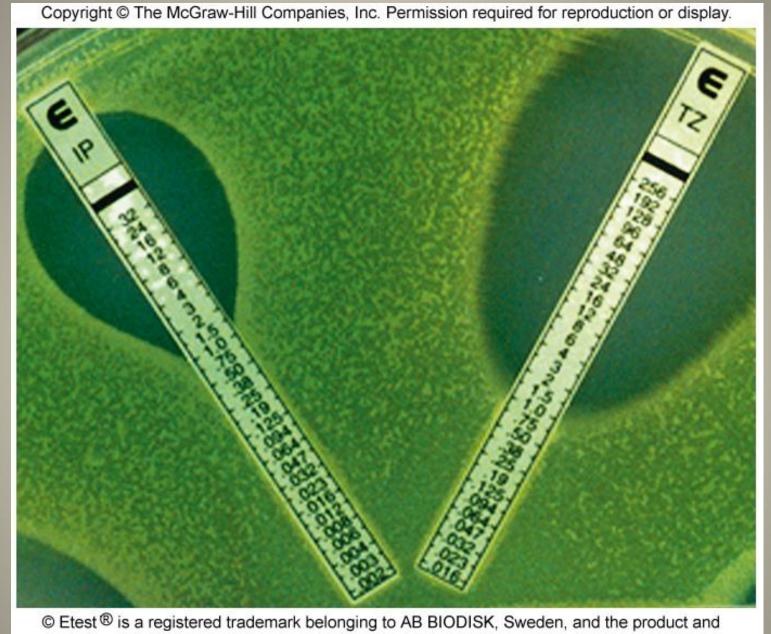


Figure 12.17

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TABLE 12.7 Results of a Sample Kirby-Bauer Test						
	Zone Sites (mm) Required For:				
Drug	Susceptibility (S)	Resistance (R)	Actual Result (mm) for Staphylococcus aureus	Evaluation		
Bacitracin	>13	<8	15	S		
Chloramphenico	l >18	<12	20	S		
Erythromycin	>18	<13	15	Ι		
Gentamicin	>13	<12	16	S		
Kanamycin	>18	<13	20	S		
Neomycin	>17	<12	12	R		
Penicillin G	>29	<20	10	R		
Polymyxin B	>12	<8	10	R		
Streptomycin	>15	<11	11	R		
Vancomycin	>12	<9	15	S		
Tetracycline	>19	<14	25	S		

R = resistant, I = intermediate, S = sensitive



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Figure 12.18

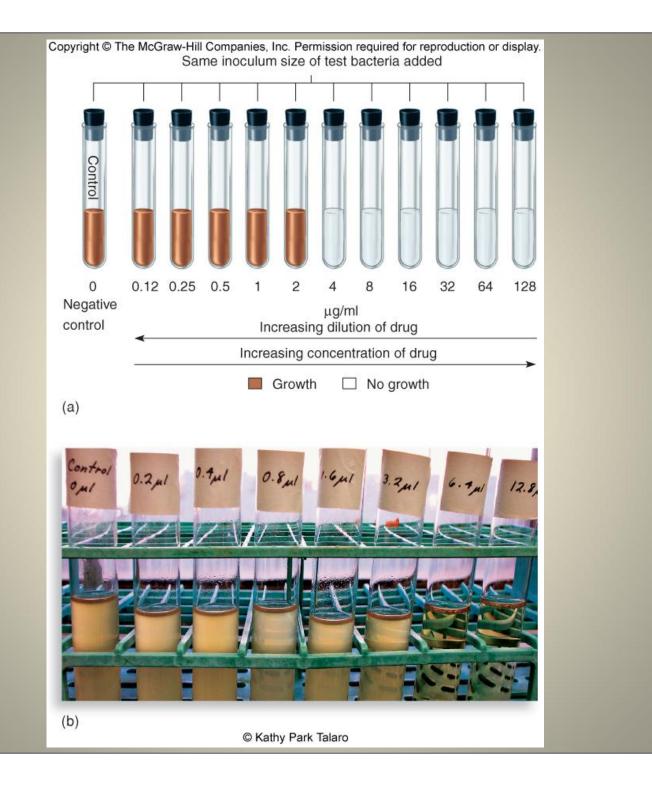


Figure 12.19

The MIC and Therapeutic Index

- MIC- minimum inhibitory concentration: the smallest concentration (highest dilution) of drug that visibly inhibits growth
- Once therapy has begun, it is important to observe the patient's clinical response

If Antimicrobial Treatment Fails

- If antimicrobial treatment fails, the failure is due to
 - The inability of the drug to diffuse into that body compartment
 - A few resistant cells in the culture that did not appear in the sensitivity test
 - An infection caused by more than one pathogen, some of which are resistant to the drug

Best Choice of Drug

- Best to choose the drug with high selective toxicity for the infectious agent and low human toxicity
 - Therapeutic index (TI): the ratio of the dose of the drug that is toxic to humans as compared to its minimum effective dose
 - The smaller the ratio, the greater the potential for toxic drug reactions